



# St Catherine's Sailing Club COVID 19 - Return to Sailing Plan



Coronavirus:

Return to  
Sailing Plan

## Illness during the sailing activity.

If a sailor, supporter or race team member becomes ill during the sailing activity, please follow the following procedure:

The sailor should immediately return to the slipway, either sailing themselves or under tow by the RiB.

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The shore crew can assist in recovery of the dinghy with a throw line to maintain a 2m distance.

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If able to do so the sailor should return their boat to the boat park. If the sailor is unable to deal with their dinghy, a member of family or member of the same household should be contacted to derig and return to the dinghy to the boat park

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Once ashore, the sailor should be directed to the designated **Isolation area** shown above.

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The **Race Officer** should then call the Government Helpline for advice

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If the symptoms become severe or there is a possible risk to life, call an ambulance immediately



## Isolation Area

Adjacent to the black & white start line transit pole.

RO Notes:

## CORONAVIRUS HELPLINE

**Telephone:** 01534 445566

**Email:** [coronavirushelpline@gov.je](mailto:coronavirushelpline@gov.je)

You may wish to follow up with a courtesy call to the individual concerned at a later stage.

