



ST CATHERINE'S SAILING CLUB

COVID SAFETY



UPDATED - OCTOBER 2021



Coronavirus:

Reconnect
with
Sailing Plan
2021

COVID SAFETY MEASURES – OCTOBER 2021

In compliance with the Government COVID Guidelines for sport at Stage 7, the following plan has been created to facilitate our ongoing sailing activities:

The four main focus areas to mitigate against the risk of COVID 19 are as follows:

- **Social Distancing** – the need to keep a minimum distance of 1m apart unless from the same household, however 2m is still recommended.
- **Wearing of Masks** - masks and face coverings should be worn inside the Clubhouse by groups of members gathering for training, socialising or meeting, where social distancing cannot be guaranteed.
- **Hygiene** – preventing the spread of the Coronavirus via surface contamination.
- **Ventilation** – Clubhouse areas should be well ventilated for the duration of any activity.

The SCSC COVID team, in collaboration with the General, House and Sailing Committees, are tasked with leading the implementation of this plan to ensure that any on or off the water sailing activities, together with the use of our Club facilities, are carried out in compliance with the Government guidelines.

The SCSC COVID Team include, Ben Rogers, Dave Jones, Justin Horton, Dan Washington, Mike & Rachael Surcouf.

Please take time to view this short presentation to help us maintain safe sailing activities at St Catherine's . . .

EVENT REGISTRATION



The Club has a legal obligation to record the details of those attending events.

Webcollect

- All sailors must pre enter for activities online via Webcollect so that the Race Committee and House Committee have an accurate list of participants prior to the event, but also to create an official record of individual participation for contact tracing requirements. The link will be sent via WhatsApp and posted on the SCSC Facebook site.

Beachmaster

- As usual, sailors must check in with the Beachmaster on the slipway prior to launching, to inform the Race Officials of who is afloat.

Spectators & Helpers

- Please use the QR codes provided around the Clubhouse to log your attendance for track and trace purposes.

CLUBHOUSE



The Clubhouse is open for general use with the following requirements:

- **A minimum social distance of 1m** should be kept from other Clubhouse users, unless from the same household. A distance of 2m is still recommended.
- **Masks should be worn** inside the Clubhouse by groups of members gathering for training, socialising or meeting, where social distancing cannot be guaranteed.
- Clubhouse areas should be well ventilated, by keeping **doors and windows open** for the duration of any activity.
- Masks can be removed for eating and drinking once seated.

CLUBHOUSE HYGIENE



- Please follow the guidance displayed when **Washing your hands**.
- **Sanitiser** will be made available in and around the Clubhouse. Please use this regularly.
- After use, please **wipe clean** parts of any Club equipment used e.g. hose tap and nozzle.
- We are all required to help clean **commonly used handles and surfaces** in and around the Clubhouse, as and when necessary.



TOILETS & CHANGING ROOMS



- Changing areas can be used, provided that a **minimum distance of 1m** can be maintained whilst changing within that area. A distance of 2m is still recommended.
- Handles and contact surfaces should be cleaned by the individual using the toilet directly after use.
- Masks should be worn in the Changing Rooms where social distancing cannot be guaranteed.



COVID SYMPTOMS



- If any member begins to show the key signs of coronavirus during an activity, please isolate immediately in the outside area directly under the Start Box and follow the guidance on the 'SCSC Sailor Illness Procedure' form. [Link](#)
- Please do not attend Club events if you suspect that you may have the symptoms of Coronavirus.
- The **three main symptoms** of Coronavirus are:
 1. High temperature or fever.
 2. New, continuous cough.
 3. Loss or change to your sense of smell or taste.

KEEPING EVERYONE SAFE

- Please continue to play your part in maintaining these guidelines to help keep everyone safe.
- Whilst we are currently able to enjoy ongoing use of the Clubhouse, the recommended social distance remains at 2m, but always no less than 1m apart.
- Please wear a mask when working in close proximity of others for prolonged periods of times in confined areas e.g. Start Box, Storeroom, Galley or Clubroom.
- Before you return home, please thank the House and Race Committee to show your appreciation.



Your participation and due diligence in helping to keep our ongoing sailing activities safe, would be very much appreciated.

Enjoy your sailing!