



## COVID 19 – Safety Guidance – October 2021

In compliance with the Government COVID Guidelines for sport, the following plan has been created to mitigate against the identified risks for our ongoing sailing activities:

The three main focus areas to mitigate against the risk of COVID 19 are as follows:

- **Social Distancing** – the need to keep a minimum of 1m apart unless from the same household, however 2m is still recommended.
- **Wearing of Masks** – masks should be worn inside the Clubhouse by groups of members gathering for training, socialising or meeting, where social distancing cannot be guaranteed.
- **Hygiene** – preventing the spread of the Coronavirus via surface contamination.
- **Ventilation** – Clubhouse areas should be well ventilated for the duration of any activity.

The SCSC COVID team, in consultation with the General, House and Sailing Committees, are tasked with leading the implementation of this plan to ensure that any on the water sailing activities and use of the Club facilities are carried out in compliance with the Government guidelines – Stage 7.

General	
<b>Social Distancing &amp; Numbers</b>	<ul style="list-style-type: none"><li>• Social distancing must be practiced at all times, maintaining a minimum distance of 1m from others throughout the sailing activity, unless from the same household or as mixed crews once onboard. However 2m is still recommended.</li><li>• There is no limit to participant numbers.</li><li>• Social distancing signage should be clearly displayed.</li></ul>
Facilities	
<b>Clubhouse</b>  COVID Team + House Committee	<ul style="list-style-type: none"><li>• 1m social distancing should be maintained at all times, however 2m is still recommended.</li><li>• Clubhouse areas should be well ventilated, by keeping doors and windows open for the duration of any activity.</li><li>• Masks should be worn inside the Clubhouse by groups of members gathering for training, socialising or meeting, where social distancing cannot be guaranteed.</li><li>• Masks can be removed for eating and drinking once seated.</li><li>• Sanitiser should be made readily available and used appropriately.</li><li>• Masks should be worn when working in close proximity of others for prolonged periods of times in confined areas e.g. Start Box, Storeroom, Galley or Clubroom.</li><li>• Meetings should continue to be held outside where possible.</li><li>• Signage for hand washing, sanitising and mask wearing should be clearly displayed around the Clubhouse.</li></ul>

<b>Changing Rooms &amp; Toilets</b> COVID Team + House Committee	<ul style="list-style-type: none"> <li>• Changing areas can be used, provided that a minimum distance of 1m can be maintained whilst changing within that area. A distance of 2m is still recommended.</li> <li>• Masks should be worn in the Changing Rooms where social distancing cannot be guaranteed.</li> <li>• Handles and contact surfaces should be cleaned by the individual using the toilet directly after use.</li> <li>• Sanitiser should be made available and used when necessary.</li> <li>• Signage for hand washing, sanitising and mask wearing should be clearly displayed within the Changing Room and Toilet.</li> </ul>
<b>Signing On</b>  Sailing Committee	<ul style="list-style-type: none"> <li>• The Club has a legal obligation to record the details of those attending events.</li> <li>• All participants for an activity, officials, sailors and supporting members must be signed in to acknowledge the risk measures and to form a record of individual participation or attendance for contact tracing requirements.</li> <li>• The register will continue to be conducted via Webcollect, with an attendance form or QR codes for use by additional attendees on the day of each activity.</li> </ul>
<b>COVID Symptoms</b> General & Sailing Committee	<ul style="list-style-type: none"> <li>• Members should not attend any activity or event if they suspect that they may have the symptoms of COVID.</li> <li>• If any member falls ill during an activity or event with the recognised symptoms of COVID, they should isolate immediately in the outside area directly under the Start Box and follow the 'SCSC Sailor Illness' procedure <a href="#">Link</a></li> <li>• Copies of this procedure should be available within the Clubhouse.</li> </ul>

Your participation and due diligence in achieving the above would be very much appreciated.

SCSC COVID Team