

SCSC COVID-19 Requirements for Winter Training Sessions 2020-21

Due to the increase in the spread of the coronavirus on Island, particularly with evidence of positive cases at several Island schools and sports clubs, the Committee have decided that it was in best interests of everyone to return to some of the previous guidance measures adopted earlier this year:

- We would appreciate a return to the 'Sail & Go' approach to each session, arriving at the Club dressed for sailing and returning home straight afterward.
- Parents of young sailors should ensure that the following garments are worn for winter sailing: A suitable Hat (woolly or skiing type), Sailing Gloves, a Drysuit or 5mm 'Steamer' Wetsuit and the usual Buoyancy Aid. Please also carry a whistle. *These requirements will be enforced by the Coaches and may lead to a sailor being turned away from a session if not dressed appropriately.*
- For track and trace purposes, please register online for each session using Webcollect.
- Parents should be prepared for their young sailors to come ashore early if they become cold and tired before the session ends. Having a flask of hot drink and a snack in the car is advisable.
- Launching and recovery of dinghies should be undertaken by the sailor alone or with the assistance of family/household members or 'Beach' duty members using throw lines.
- Launching and recovery of RiB's should be undertaken by a team of 4, one in the towing car, one at the hitch end and two either side of the RiB to maintain the required social distancing.
- Entry to the Club will be for the management of sailing sessions only, to collect essential items.
- Please do not use the changing rooms other than for use of the toilet facilities, using the traffic light system on entry and exit.
- The Coaches will conduct any briefings on the slipway, please maintain 1m social distancing at all times.
- The Coaches will take a cautious approach to the conditions sailed in, please respect their decision which will be based on the safety of all. A flexible approach to which day we sail on, may be adopted depending on the availability of sailors.

We appreciate that many of these measures are beyond the Government guidance currently in place, however the bringing together of groups of people in sport, needs a considerate and cautious approach to ensure the safety of every participant and other Club members. The Committee are dedicated to achieving this, whilst continuing to offer sailing sessions that we can all enjoy and benefit from.